



# THE BASIE NEWSLETTER

## Staff and Student Highlights

On behalf of Student Council and the Student Body, we would like to highlight Ms. Lochansingh, Ms. Mosby and Ms. Jones for the month of March! Ms. Lochansingh we thank you for always supporting us and always making sure we are on task. Because of you, we know the importance of being on time and putting our best foot forward. Ms. Mosby we love your fun and encouraging ways. Every day you show your students compassion and how much you care about us; we appreciate all that you do. Ms. Jones you are a great Teacher. The support you give to students does not go unnoticed. We thank you all for bringing out the best in all of us!

We would also like to highlight the following students from each grade. Student Tomia Semple from class 604 always completes her assignments and is very focused. Tomia is also extremely helpful to other students and helps them when they are down. Student Maya Stephens from class 704 knows how to empower herself as well as her peers. Maya does a great job with checking in with her peers when she sees they are not at their best. Student Janae Evans from class 803 has amazing leadership qualities. Janae is also a great friend who always looks out for others. We commend you for setting the example for your peers. Thank you for being you!

# STUDENT COUNCIL

SPEAK OUT BE HEARD MAKE A CHANGE

WE MUST BECOME THE CHANGE WE WANT TO SEE

## Upcoming Events

Student Council Suggestion Box- Please find the suggestion box in each of your classrooms. This is an opportunity for your voices to be heard. Have any suggestions or concerns? Write your suggestion or concern on a piece of paper and drop it in the suggestion box. Student Council will check the box weekly and will follow up with you!



# Social Emotional Corner

One of the most valuable skills you can have as a student is effective time management. The better you manage your time, the easier it is to achieve your goals. Everyone has the same 24 hours in a day, meaning, it's not about how much time you have, but *how well* you can manage it.

Effective time management skills not only help with your learning but can also make you more productive at work and in your personal life. If you're serious about successfully completing Middle School, it is crucial to find a good system to use.

Below are seven time-management tips to help you stay ahead of your coursework:

1. Plan ahead: staying ahead prepares you for what is to come and helps to create a plan to complete each task
2. Avoid multi-tasking: try to focus on one task at a time in order to give each task your best effort
3. Setup your virtual study area: this can be unique to you but should promote productivity
4. Block out distractions: it may be helpful to set 30 minute alarms and within that time you focus solely on the task
5. Reward yourself: feel good about completing assignments & chores. Take breaks and find time to relax your mind
6. Create a balance: balance produces productivity and success. Take time to figure out what works best for you
7. Get a good night's sleep: it is important to recharge and reset. Your mind and body will thank you!

## Catherine and Count Basie School is named after Mr. Count Basie

**William James "Count" Basie** (August 21, 1904 – April 26, 1984) was an American jazz pianist, organist, bandleader, and composer. In 1935, he formed the Count Basie Orchestra, and in 1936 took them to Chicago for a long engagement and their first recording. He led the group for almost 50 years, creating innovations like the use of two "split" tenor saxophones, emphasizing the rhythm section, riffing with a big band, using arrangers to broaden their sound, and others.

