THE STUDENT COUNCIL BASIE NEWSLETTER

Volume 1



STAFF HIGHLIGHTS

On behalf of Student Council and the student body, we would like to highlight Ms. Adebajo, Ms. Mosby and Mr. Dayquan for the month of December. Ms. Adebajo thank you for always making learning fun! You are one of the most caring, helpful

STUDENT HIGHLIGHTS

and understanding teachers here at CCB. Ms. Mosby, we appreciate all the exciting lessons you prepare for us. We always enjoy being in your class and we thank you for always being supportive. Mr. Dayquan we cannot thank you enough for always being there for us as you never hesitate to lend us a helping hand. We also thank you for all the support you provide around the building. Thank you all for your continuous support and for bringing out the best in all of us!

We would also like to highlight the following students from each grade. Student Fatiha Agoro from class 605 gets great grades, is very respectful and always wears uniform. She is a model student who always shows Basie C.A.R.E.S. and never lets her peers down. Student Nailah Reid from class 705 is very respectful to her teachers and peers. She is compassionate and helpful to others. Student Ashlee Badall from class 805 is an honor roll student who always sets the example for her peers. Ashlee has perfect attendance and always bring her best self to school. We commend you all and thank you for being you!

Self-love is a deep and overall acceptance and appreciation for who you are as a whole and it grows from actions that support one's physical, psychological and spiritual growth. Self-love is important to living well as it influences the image you project at school and how you cope with the problems in your life. When we act in ways that expand self-love in

SEL CORNER: SELF-LOVE

ourselves, we begin to accept much better our weaknesses as well as our strengths, have less need to explain away our shortcomings, have compassion for ourselves, are more centered in our life purpose and values. **HOW TO CULTIVATE**

UPCOMING CCB EVENTS

SELF-LOVE: become mindful, act on what you need rather than what you want, practice good self-care, set boundaries, protect yourself, forgive yourself and live intentionally. If you choose just one or two of these self-love actions to work on, you will begin to accept and love yourself more. Even more, you will start to attract people and circumstances to you that support your well-being.

| December 1 st - Basie Holiday Drive begins | December 20 ^{th-} Student Council Holiday Pajama Day |
|--|--|
| December 9 th - 7 th grade pizza party | December 26 th -Jan 2 nd - Winter Recess; schools closed |
| December 23 rd - PBIS school wide incentive trip | |











